Leaving No-one Behind with Biofortification: Experiences from Zimbabwe

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Micronutrient malnutrition in Zimbabwe

- **Iron deficiency in under fives**: One in three have iron deficiency anemia
  - 72%

- **Iron deficiency in women of child bearing age**: 26% are anemic
  - 61%

- **Vitamin A deficiency in under fives**: 19%

- **Vitamin A deficiency in women of child bearing age**: 23%
Zimbabwe Strategy

Supplementation

Commercial Fortification

Dietary Diversity

Biofortification
Conventional Breeding of staples crops for high concentration of key micronutrients

- Iron
- Zinc
- Vitamin A
Importance of biofortification

- Based on staples
- Proven efficacy
- Available to all
- Cost-effective
Biofortification in Zimbabwe

- Since 2015
  - UK Aid funded, LFSP
- > 300,000HHs reached
Biofortified crops - Leaving no-one behind

- Those unable to visit health centers for supplementation
- Those who can’t afford fortified foods
- Those who can't afford diverse diet
Food and income
Thank you